# Poincaré recurrences in Hamiltonian systems with a few degrees of freedom 

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#### Abstract

The statistics of Poincaré recurrences in Hamiltonian systems with a few degrees of freedom is studied by numerical simulations. The obtained results show that in a regime, where the measure of stability islands is significant, the decay of recurrences is characterized by a power law at asymptotically large times. The exponent of this decay is found to be $\beta \approx 1.3$. This value is smaller compared to the average exponent $\beta \approx 1.5$ found previously for two-dimensional symplectic maps with divided phase space.


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According to the Poincaré recurrence theorem proven in 1890 [1] a dynamical trajectory with a fixed energy and bounded phase space will always return, after a certain time, to a close vicinity of an initial state. This famous result was obtained in relation to the studies of the three body gravitational problem which fascinating history can be find in [2]. While recurrences will definitely take place a question about their properties, or what is a statistics of Poincaré recurrences, still remains an unsolved problem. The two limiting cases of periodic or fully chaotic motion are well understood: in the first case recurrences are periodic while in the latter case the probability of recurrences $P(t)$ with time being larger than $t$ drops exponentially at $t \rightarrow \infty$ (see e.g. [3, 4]). The latter case is analogous to a coin flipping where a probability to drop on one side after $t$ flips decays as $1 / 2^{t}$.

However, the statistics of Poincaré recurrences for generic two-dimensional (2D) symplectic maps is much more rich. Such systems generally have a divided phase space where islands of stable motion are surrounded by a chaotic component [5,6]. In such a case trajectories are sticking around stability islands and recurrences decay algebraically with time

$$
\begin{equation*}
P(t) \propto 1 / t^{\beta}, \quad \beta \approx 1.5 \tag{1}
\end{equation*}
$$

The studies and discussions of this behavior can be find in [7-13] and Refs. therein.

While the statistics of Poincaré recurrences in 2D maps has been studied in great detail [7-13], the original three body problem with a few degrees of freedom $N=9$ addressed by Poincaré [1] (effective number of degrees of freedom is $N_{\text {eff }}=6$ if to exclude the center of mass motion), has not been studied yet according to my knowledge. Thus in this work I study the statistics of Poincaré recurrences in a model system for $4 \leq N \leq 8$.

To reach a high efficiency of numerical simulations I use a dynamical map

$$
\begin{array}{r}
\bar{p}_{n}=p_{n}+(K / 2 \pi)\left(\sin \left(2 \pi\left(x_{n}-x_{n-1}\right)\right)\right. \\
\left.+\sin \left(2 \pi\left(x_{n}-x_{n+1}\right)\right)\right), \\
\bar{x}_{n}=x_{n}+\bar{p}_{n}, \tag{2}
\end{array}
$$



FIG. 1: (Color online) Dependence of statistics of Poincaré recurrences $P(t)$ on time $t$ for $N=8$ and parameter $K=$ $1,0.6,0.4$ (full curves from left to right at $\log _{10} P=-4$ ) and for $N=6$ and $K=0.6,0.4$ (dashed curves from left to right at $\left.\log _{10} P=-4\right)$. Here $\mathrm{P}(\mathrm{t})$ is an integrated probability of recurrences with time larger than $t$; recurrences are considered on line $p_{n}=0$, sum is taken over all $N$ degrees of freedom.
which was studied numerically in [14-16]. Here bars mark new values of dynamical variables after one map iteration. Periodic boundary conditions are used in $x_{n}(\bmod 1)$ and $p_{n}(\bmod 1)$ with $-0.5 \leq p_{n} \leq 0.5$. The map is symplectic. I use $N$ particles, $1 \leq n \leq N$, with a periodic boundary conditions in $n(\operatorname{modN})$. For $N=1$ the map (2) is equivalent to the Chirikov standard map [5] (assuming that all variables for $n>1$ are equal to zero). The properties of $P(t)$ for this case can be find at $[9,11-13]$ and Refs. therein. For a number of particles $N>2$ the total momentum of the whole system is preserved so that one can say that this situation corresponds effectively to $N_{e f f}=N-1 / 2$ degrees of freedom. In the following I consider $4 \leq N \leq 8$. The recurrences are considered on line $p_{n}=0$ for each particle, the integral probability of recurrences, averaged over all particles, is defined as a total integral probability $P(t)$ of recurrences with time larger than time $t$, which is mea-


FIG. 2: (Color online) Same as in Fig. 1 for $K=0.6$ and $N=4,6,8$ (left group of blue/black full, dashed and dotted curves from right to left at $\log _{10} P=-8$ respectively) and for $K=0.4$ and $N=4,6,8$ (right group of violet/gray full, dashed and dotted curves from right to left at $\log _{10} P=-8$ respectively). The data are obtained from one trajectory with the total number of iterations $t_{t o t}=10^{12}$ (for $N=8 \mathrm{I}$ used $\left.t_{t o t}=10^{11}\right)$.
sured in number of map iterations. As in $[9,11]$, to compute $P(t)$ I usually used one trajectory iterated up to time $t_{\text {tot }} \leq 10^{12}$. Special checks with other trajectories or other $t_{t o t}$ unsure that $P(t)$ remains unchanged in the limit of statistical fluctuations which appear only when the number of recurrences becomes of the order of a few events.

An example of dependence of $P(t)$ on $t$ is shown in Fig. 1 for relatively short times and large $N$ when the dynamics is mainly fully chaotic. The initial decay drops exponentially $P(t) \propto \exp \left(-t / t_{D}\right)$ with a certain time scale $t_{D}$ which depends on $K$. The dependence of $t_{D}$ on $N$ is relatively weak since up to a certain time $P(t)$ curves are practically independent of $N$ (see Figs. 1,2). At large times the exponential decay is replaced by a power law decay which is well visible for $N=4,6$ in Fig. 2.

The time scale $t_{D}$ is related to a diffusive spreading in $p_{n}$ characterized by a diffusion rate $D=<p_{n}^{2}>/ t$. Indeed, for a diffusive process on an interval of size $\pi$, described by the Fokker-Plank equation

$$
\begin{equation*}
\partial \rho / \partial t=D / 2 \partial^{2} \rho / \partial^{2} t \tag{3}
\end{equation*}
$$

with the relaxation rate $1 / t_{D}=D / \pi^{2}$. Thus with this relation one can extract from the initial exponential drop of $P(t)$ the relaxation time $t_{D}$ and from it the diffusion rate $D$. In such a way I obtain the dependence of $D$ on $K$ and $N$. As discussed above the dependence on $N$ is very weak and can be neglected. On the contrary the dependence of $t_{D}$ and $D$ on $K$ is very strong as it is shown in Fig. 3.


FIG. 3: (Color online) Dependence of the diffusion rate $D$ on chaos parameter $K$ (points). The dashed curve is drown to adapt an eye, the full straight line shows the fit of last points with $D=a K^{b}$ and $\log _{10} a=0.725, b=5.93 \pm 0.22$.

The dependence $D(K)$ has a few interesting features. For $K=1$ I find $D \approx 1 / 2$ that corresponds to a random phase approximation valid in a regime of strong chaos. With a decrease of $K$ the diffusion drops rapidly, at small values of $K$ one has approximately algebraic decay $D \propto$ $K^{b}$ with the exponent $b=5.93 \pm 0.22$. This value of the exponent is in a good agreement with the values obtained in $[14,16]$ which are $b=6.6$ and $b=6.3$ respectively. It should be stressed that the methods of computation of $D$ in $[14,16]$ were rather different compared to those used here.

In fact an enormously powerful numerical method has been used by Chirikov and Vecheslavov [16] to compute an extremely small rate of the fast Arnold diffusion (down to $D \sim 10^{-44}$ at $K \approx 8 \times 10^{-7}$ and $N=16$ ). This diffusion appears in very tiny chaotic layers around multidimensional resonances. By its structure, the method used in [16] determines the diffusion in a local domain of phase space while the method used here gives the global diffusion. The agreement between two methods shows that these two diffusion coefficient are approximately the same.

In these studies I want to analyze how this chaotic web influence the statistics of Poincaré recurrences. Of course one is not able to go to so small values of $K$ but also in a certain sense one does not need this. The algebraic decay of $P(t)$ appears due to sticking of trajectories around stability islands so that one simply needs to have a significant measure of stability islands.

The data of Fig. 2 show that for $N=8$ one has practically only an exponential decay of $P(t)$ indicating that the measure of stable component is of the order of $\mu_{s} \sim t P(t)<10^{-8}$ for $K=0.6$ and $\mu_{s}<10^{-5}$ for


FIG. 4: (Color online) Statistics of Poincaré recurrences for the map (1) shown by curves for parameters $N=4, K=$ $1,0.6,0.4,0.3,0.2$ (curves from left to right at $\log _{10} P=-8$ respectively). The exponents $\beta$ for the power law decay $P(t) \propto 1 / t^{\beta}$ are $1.243 \pm 0.001,1.292 \pm 0.002,1.385 \pm 0.003$, $1.427 \pm 0.007,1.476 \pm 0.005$ respectively. The full straight line shows the dependence $P(t) \propto 1 / t^{\beta}$ with $\beta=1.30 \pm 0.003$ corresponding to the average of above 5 values of $\beta$. The dashed straight line shows the diffusive decay $P(t) \propto 1 / \sqrt{t}$. For each $K$ the data are obtained from one trajectory with the total number of iterations $t_{t o t}=10^{12}$.
$K=0.4$ (I use the relation between $\mu$ and $P(t)$ discussed in $[9,11])$. For $N=6$ the algebraic decay becomes to be visible at large $t$ showing that the measure of stability islands starts to be reachable for $t_{t o t}=10^{12}$.

The power law decay of $P(t)$ is most visible for $N=4$ case shown in Fig. 4. Initially there is a slow decay of $P(t)$ which is compatible with a diffusive spreading on a semi-infinite line with $P(t) \propto 1 / \sqrt{t}$ (see e.g. discussion at [7]). Since $t_{D}$ grows significantly with the decrease of $K$ the range of this diffusive decay of $P(t)$ increases when $K \rightarrow 0$. However, already for $K \leq 0.07$ the measure of chaotic component becomes rather small and one needs to use special methods described in [16] to be able to place initial conditions inside tiny chaotic layers. Due to these reasons I stop at values of $K \leq 0.1$. In any case for small $K$ the time $t_{D}$ becomes very large and a lot of computational time becomes lost for not very interesting diffusive decay.

After the time scale $t_{D}$ a trajectory starts to feel a finite width of the chaotic layer with $-1 / 2 \leq p_{n} \leq 1 / 2$ and an algebraic decay due to sticking around islands starts to be dominant. In this regime I find the exponent $\beta=1.3$. The statistical error of this value is rather small but certain oscillations in logarithmic scale of time are visible for $K=0.6,0.4,0.3$ so that the real uncertainty of $\beta$ can be larger. At the same time I should note that
the amplitude of these oscillations is significantly smaller compared to the case of 2D symplectic maps discussed in [ $8,9,11,12]$,

In conclusion, the studies of the statistics of Poincaré recurrences in Hamiltonian systems with a few degrees of freedom show that at large times it is characterized by a power law decay (1) with the exponent $\beta \approx 1.3$. This value is not so far from the average exponent $\beta \approx 1.5$ found for the 2 D symplectic maps. It is possible that the physical mechanisms of this slow decay have similar grounds related to sticking of trajectories in a vicinity of small islands of stability for enormously long times. Further extensive studies are required to understand in a deeper way the detailed mechanisms of this slow decay. Even more than hundred twenty years after the work of Poincaré [1] this fundamental problem of dynamical chaos remains unsolved.

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